



APPENDIX 1 THE DILYN WAY™ FRAMEWORK PROFILING TOOL & PROGRAMS



Executive Summary



Everyone has relevancy and value to contribute to our collective future. None less so than the leaders and specialists who guide that journey into a better future.

Adapt2Digital is solely dedicated in the advancement and evolution of government, business and work to make the world a better place. The Dilyn Way™ Framework has been supporting us and thousands of leaders across public and private sector to do just that since 2014. Because of this depth and breadth, we can tell the story of human and social systems transformation. A story very different to the projects and programs of digital transformation.

To thrive in the future, we must address the gap between digital transformation and leadership. Helping to raise the digital mindset of our digital profession to be recognised as modern leaders first and helping raise the digital maturity of our leaders to meet in the middle and bridge that gap. The Dilyn Way™ Framework launched in 2014 is now in its 8th edition and continues to grow as an experienced framework for shifting mindset at a leadership and specialist level.

Mindset shift is what provides lasting transformation. Where learning becomes practice. To do this we need coaches who are great at discovery and accountability, but we also need mentors. That's what Dilyn Way[™] practitioners are. Mentors as well as coaches: with experience as senior leaders, or digital specialists to guide leaders as well as help them to discover their unique pathway towards digital maturity.



Making the shift



Working with a Mentor-Coach can support and guide an individual transformation journey. This person can also be instrumental in building awareness and guiding a leader along the way. However, by and large, humans are social animals and evolve far quicker in groups. Research now supports social learning techniques to accelerate learning outcomes. Following community design training for all employees at Adapt2Digital and the integration of social learning techniques into our Mentor-Coach programs and leadership programs, in 2019 we launched the LeadIn 4-D community platform. This is a platform dedicated to bringing together leaders and specialists unified in a purpose to raise the digital maturity of our human and social systems – to lead transformation and be transformational. The platform houses individual mentorcoaching programs, group leadership programs, as well as the global community of practice for our certified practitioners.

The platform is free to join and includes members from all over the world sharing, learning and contributing to the achievement of our mission: to evolve the way we think about business and work – one person at a time. (For more information, please refer to APPENDIX 3: or head to https://www.Leadin4D.com)



Power of Social Learning



Social learning techniques follow the principles of community design: unifying humans to a single purpose, creating a trusted rhythm, providing connection & belonging, sharing support and learning, being accountable, measurable, and fun. These techniques are included in all our designs and continue to be fed back by leaders and specialists alike for keeping them on the path, keeping them motivated and getting them to their intended outcomes.

This element is less WHAT and more HOW. The approach of shift outlined in The Dilyn Way™ is called The Power of One. This is where a leader supported by the other elements can break down their learning into micro shifts split between conscious and un-conscious behaviour. When we can make the shifts small enough, we are able to repeatedly expose ourselves to these shifts thus, over time shifting our identity: who we are — a digitally mature leader. The journey of digital maturity is not a destination. It is non-linear and evolving. The Dilyn Way™ isn't about leaders achieving a static place, it is about leaders becoming an evolving digital leader, aligned with the strategy set out by Sense to achieve their vision.

Observation & Stories



"...But what was even more awesome was landing in a meeting late yesterday and hearing Person 1, Person 2 and Person 3 talking about habits, power ups and ideas to join up to make a bigger difference when it comes to org readiness for change "."

Digital Leader in Practice

It is in the observation and stories people share that we are able to see mindset shift in others through language and behaviour. It is important therefore to spend time on the design of metrics when working in human and social systems transformation. Encouraging people to share stories as well as putting in place techniques for observation and capture of shifts in the moments of daily life.

A word about measurement

How do you measure digital maturity success? How do you measure digital mindset shift?

The answer is twofold: one is through observation and stories of the human experience. The other is through a balance of data types.



Conclusion

The Dilyn Way**

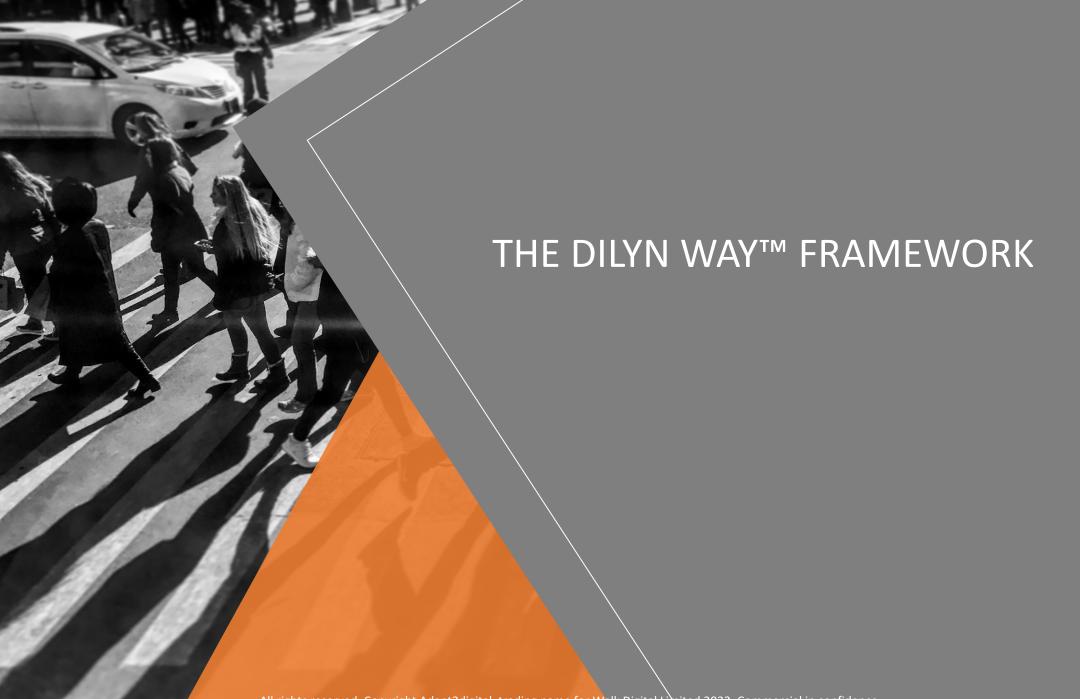
At Adapt2Digital we are passionate about supporting organisations connecting leadership with transformation to achieve their vision and strategy. Leadership who in turn will become the role models for future leaders as they drive the modernisation of the organisation forward.

Is this an audacious intention? Yes, and we know it's possible when the focus becomes a focus on individuals. Crafting unique journeys that align with a leader's profile attitudes, purpose, and competencies.

As Marianna Mazzucato shared in a talk about whether public service organisations can deliver on their customer needs in the future? Her answer was: "Yes! If, individually, we are willing to commit to shifting our mindset and established beliefs as leaders first."



Mel Ross Chief Architect The Dilyn Way™







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The Dilyn Way[™] Framework for human & social systems transformation



BELIEF: "The gift of the age we live in, is our ability to reconnect with our humanity, by leveraging digital and data for good to make a better world."



MOONSHOT: Accelerate the evolution of business and work one person at a time.



MISSION: Manifest healthy, connected human and social systems.



TRAJECTORY: Human evolution is infinite & non-linear



The Dilyn Way[™]

A belief system grounded in philosophy

- 1. Generic Frame & Approach to follow
- 2. Inside Out (Always a personal journey)
- 3. Leadership is the game
- 4. Duality (Now & Future)

AGNOSTIC – MALLEABLE - ADAPTIVE



THE HUMANITY PRINCIPLE

LEAD N 4-DTM DIGITAL-DATA-DISRUPTION-DESIGN

The Dilyn Way[™] Framework



The Dilyn Way™ Framework is a human and social systems framework for leadership and change. The Framework is used in parallel with established frameworks and methodologies used to drive digital transformation such as Agile, Scrum, PROSCI, Lean, etc. The Dilyn Way™ Framework has a mission to help organisations recognise the gift of the age we live in is our ability to reconnect with humanity.

Successful digital transformation requires competent, active participation at a leadership level.

Digital maturity means being a role model. Leading with who you are before what you do. This requires a balance between the human centred skills and competencies of leadership in a digital age alongside the technical skills and competencies of a digital age around technology, Agile and data.

As the world continues to change with pace our digital maturity as leaders is ultimately measured by our capacity to evolve and evidence this evolution in our daily leadership practice. Whether we are an explorer, pioneer or settler, the key is to support every modern leader to be able to operate within these profile stages.



THE DILYN WAY™ FRAMEWORK ON A PAGE



<u>Digitally</u> <u>Transforming</u>

Role Model Leadership

- Experimental PracticeEarly Adopter
 - Humanity & Community

Human Centered Leadership

- Safety & Wellbeing
- Networked Effect

Regeneration

Conscious Leadership Ethical practice/decision Sustainably Aware

3 TENETS

Structure: WHAT

Change has no limits. I am focussed on global shifts

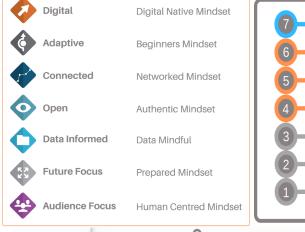
Building the networked ecosystem and pioneering our future

Applying modernity to my domain and gaining trust

I'm building confidence, curiosity & knowledge Direction of Travel

My newfound confidence can be seen in a few small areas

I am courageously exploring new territories





Approach: HOW

My Journey

Keeping Pace

Gathering Speed

Learning to Walk

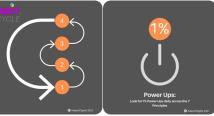
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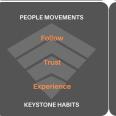
Walking Tall

Sprinter

Unconscious & conscious micro shifts

Our Journey







Personal awareness practice



Presence

Profile

Prepared

The Power of ONE

The 3 Tenets



Digitally Transforming

Role Model Leadership

- Experimental Practice
- Early Adopter

Humanity & Community

Human Centered Leadership

- Safety & Wellbeing
- Networked Effect

Regeneration

Conscious Leadership

- Ethical practice/decisions
- Sustainably Aware

The Tenets guide us strategically in human & social systems transformation.

They break down into the 7 Mindsets at an individual level...

LEAD N 4-D

DIGITAL-DATA-DISRUPTION-DESIGN

Modern Leadership Profile Mindsets



Key Differentiators:

No two leaders are the same Strength based Dynamic

The 7 Mindsets are how we assess a leaders current maturity using the Maturity Stages...





How we work with the diversity of leadership mindsets



Unlike other more traditional psychometrics and digital maturity frameworks, The Dilyn Way™ maturity model does not focus on a sequential maturity for each leader only. It also helps identify which type of modern leadership profile best suits the strengths, values and attitudes of the leader and then focussing in on the uniqueness of their leadership practice as evidenced in the 7 mindsets.

The 7 maturity stages serve as the baseline helping leaders understand whether they are in a developing stage or a profile stage for digital leadership maturity. The design of the maturity framework has leveraged Blooms Taxonomy as well as drawing upon numerous frameworks and methodologies from positive psychology including PERMA and the Human Givens Approach.

No one person is the same. Every leader is unique.

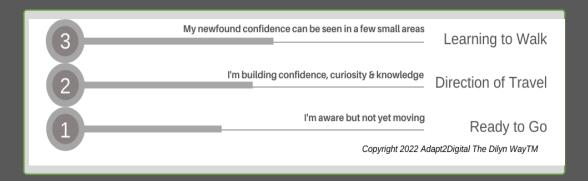




Modern Leadership Profile Types Development Stages 1, 2 and 3



The Developmental stages are sequential. Our goal is to support all leaders to achieve the digital maturity to embody a profile stage (4, 5 or 6). Whilst all leaders have to operate across all levels given the complexity of work and government, the aim is to support every leader recognising which profile stage best aligns with their human qualities, professional ambition. Then to support them through a 4 stage (Growth Phase) transformational journey that culminates in their ability to evidence and keep evolving at their ideal profile stage.



Every leaders start point is different and unique to them. The Dilyn Way™ Profiling tool helps the leader understand where they are in development and where they are demonstrating strengths they may not have recognized as modern leadership strengths or understood how to transition a strength into digital maturity. For example: A leader who is open in terms of sharing their human side can leverage this existing habit to develop more transparent ways of working.



Modern Leadership Profile Types Profile Stages 4, 5 and 6







The credible disruptor.
Competent to step into unchartered territories when others are reacting to now.



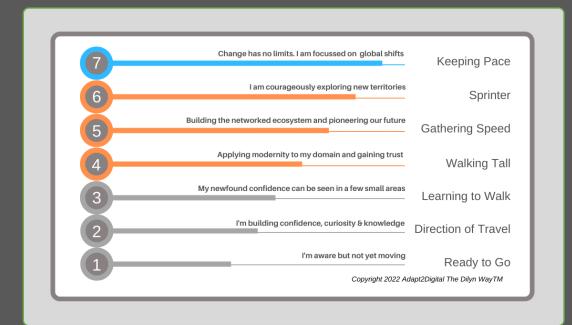
The Pioneer

The networker. Brave like the explorer but focused on derisking the future through innovation & connection.



The Settler

The trusted lead. This leader guides the majority into the new world leveraging community and role modelling.





The arc of transformation

 Human & Social Systems transformation follows a different journey to traditional projects and programs.

• Digital Leadership Transformation is a non-linear and infinite game.



ATTRACT

1st Followers **Growth Phases** Community

AMPLIFY

Habit Plans Social Learning Competency



Self Awareness Reflection Observation



ASSESS

Profiling Presence FoR*



ALIGN

Purpose

ACTIVATE

Habit Power Up

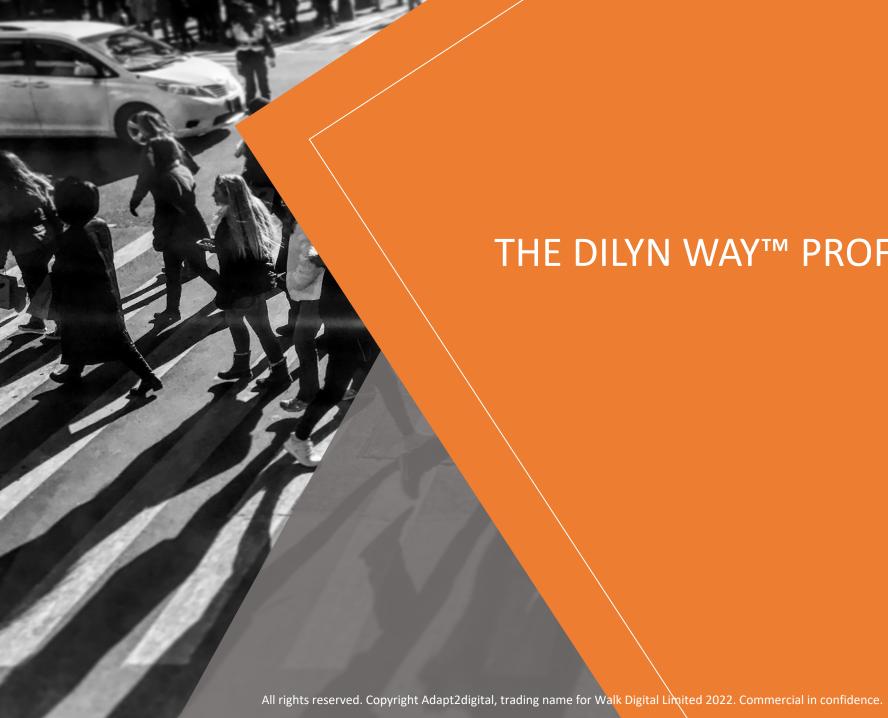


ADVANCE



*Leaders Frame of Reference Competency







THE DILYN WAY™ PROFILING TOOL





Digital Maturity is more than simply being able to use, design and transform services with technical competency, or even design thinking capability. Digital Leadership Maturity is the ability to role model modern leadership and future workforce behaviour, demonstrate human centred leadership and more recently have the ability to practice conscious leadership – where ethical decision making, and ethical practice alongside societal and environmental awareness are within every leader's frame of reference (The 3 Tenets). To evidence all three tenets a leader must have evidence across 7 dimensions: The 7 Mindsets of Digital (Modern) Leadership.

The tools and techniques of The Dilyn Way™ are not designed to focus the leader on achieving a particular destination point — the tools and techniques are intended to support the leader to become a consciously evolving leader with a cadence in line with the pace of change, the inevitability of change and the forces of change converging around us.



The Ohe Way

The Dilyn Way™ profiling tool and the transformational mentor-coaching techniques used to shift a leader's baseline, leverage in the two areas of human and social system transformation specifically: Neuroplasticity and the ability for humans to shift belief systems through developing neural pathways using habit work and principles of anthropology where observational techniques are used to accelerate transformation through awareness.

The Dilyn Way™ Profiling Tool is an experiential tool that allows an individual to reflect as well as assess who they are as a leader as well as what they do as a leader within the context of modernity.



User Experience



Participants usually have a 1-2-week period to complete the experience by scheduling a confidential debrief session with a qualified mentor-coach in The Dilyn Way™. The debrief session is a hybrid mentor-coaching session that allows for reflection, self-discovery and provides guidance and insight to help them understand current maturity baseline.

At the end of the debrief session (1 hour to 90 mins) each participant is then sent a profiling report that includes the following information:

- Introduction and insight into The Dilyn Way™ Framework
- Understanding of modern leadership
- The participants current overall level for modern leadership
- A maturity score against each of the 7 Mindsets
- Detailed scores for the statements within each Mindset
- A mentor-coach commentary
- Indicators split between development and strength specific to the participants results, story and leadership ambitions.
- Top line guidance on 'how' the participant might act on the themes and indicators included within their profile.

DIGITAL-DATA-DISRUPTION-DESIGN

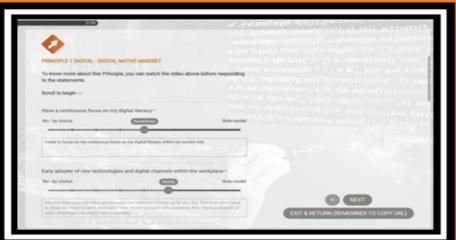
The Dilyn Way[™] Profiling Tool - Assessment

User Experience

- With Journaling 90 mins
- Without Journaling 60 mins
- 7 Sections 7 Mindsets
- Explainer Videos to support accuracy
- Realtime outcome screen result
- Online scheduling assistant on completion









General

- Customised Branding
- Online & Mobile Responsive
- Easy Silder Functionality
- Save & Return
- Mapped to The Dilyn Way™ Framework









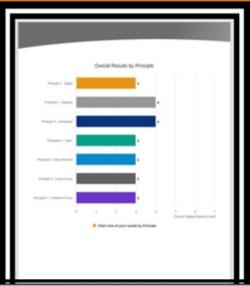
LEAD N 4-DTM
DIGITAL-DATA-DISRUPTION-DESIGN

The Dilyn Way[™] Profiling Tool - Debrief

User Experience

- 90 min virtual mentor-coaching session
- Confidential
- Qualified Mentor-Coach
- Framework overview
- Data results shared
- Thematic & Specific guidance to guide digital maturity capability immediately











The Dilyn Way[™] Profiling Tool – Mentor-Coach Journey

Mentor-coach Experience

- Notification of successful completion of tool by participant
- Link to data online for preparation & analysis
- Debrief time & preferred channel confirmed
- Maximum of 72 hours post debrief final report completed and shared with participant
- Results integrated into nudge coaching app if agreed







The Dilyn Way[™] Profiling Tool – Mentor-Coach Completion

Mentor-Coach Report Completion

- Online link connects Mentor-Coach with Participant's data
- Mentor-Coach Commentary/Summary uploaded
- Indicators to guide participants journey customised based on assessment results and debrief session
- Final report sent to participant no later than
 72 hours after debrief
- Follow up sessions delivered as per the Mentor-Coach program design.





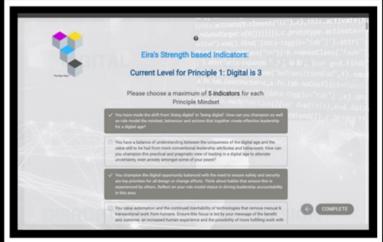




The Dilyn Way[™] Profiling Tool – Mentor-Coach Completion











The Dilyn Way[™] Profiling Tool – A User Perspective



An important part of any improvement programme is to establish a benchmark and clarity around the outcomes you are looking to achieve. An assessment of digital maturity is often a subjective measure which in my experience can often lead to a false sense of self. The Dilyn Way™ profiling tool enabled me to complete a quantitative self-assessment across a number of mindsets and behaviours. As a reflective process, this then enabled me to identify areas for conscious development and those for role modelling. Presenting them on a spectrum of maturity helped me understand that this profile remains in flux and can vary depending on the nature of my leadership role in a given environment. My understanding of the profiling was reinforced through a qualitative assessment and debriefing across the 7 Mindsets.

While I had been provided with a brief as to the outcomes the Quantum Leadership programme had been designed to deliver, I was unaware of the community that the programme would allow me to become part of. Over seven weeks the cohort was guided through a personal transformation that generated insight from our ability to collectively think, critically evaluate how we behave and understand the actions that flow as a result. This was achieved through action and experimentation rather than purely thought and process. The community has remained present after I completed the Quantum Leadership programme. Providing access to the network of diverse professionals whose work relates to digital transformation and to a source or socialised learning who embrace new voices who are willing to contribute.

The formal programme was also supported with a series of coaching sessions. These allowed me to unpack tools like the habit canvas, power ups and minimum viable shift, so I could apply them in the context of my own working practice. This deconstruction helped me redefine what modern leadership means to me and define my own unique perspective on how I engage with my work. The principles and mindsets introduced by the programme have cascaded out and are benefiting not just me, but the team and wider network that I am part of. This attraction is the first step in the next cycle of the programme for me. As someone who conditioned themselves to operate within a formal and structured environment (just take a look at my photo attached!) this was a highly disruptive experience for me and one which caused me to evaluate my own values and beliefs.



David Clegg,
Service Manager, Highways & Planning
UK Government











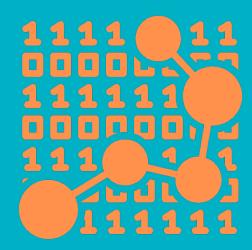


Social

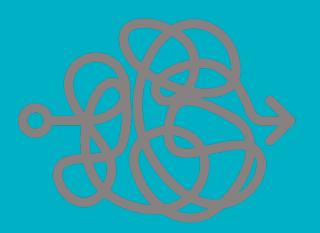








Data



Disruption

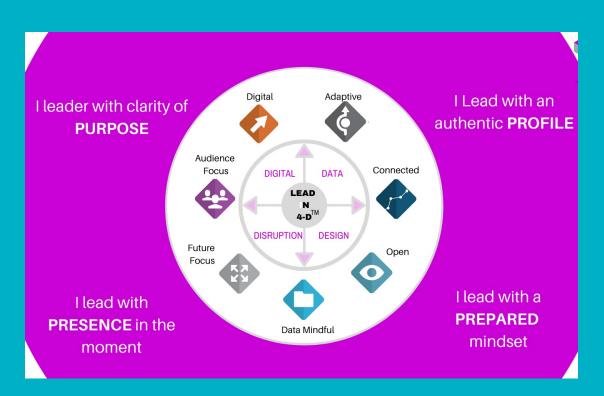


Design

The Dilyn Way™ Mentor-Coach Digital Maturity Programs



- The Dilyn Way™ programs focus on the personal transformation journey of the leader to drive the systems transformation journey through trust.
- Social learning, through group work, networking and coaching circles accelerate transformation and encourage lasting engagement.
- All programs are mobile compatible with informal chat available for peer-to-peer connection as well as Mentor-Coach communication.
- All programs are delivered through the LeadIn 4-D global community where leaders can connect beyond their cohort or alumni, out to the world of leaders and digital specialists unified in purpose.





Participant Experience Mix

Mentor-Coach-social-personal







- Networking & mentoring opportunities
- Social connection via chat



- Warm up techniques to maintain interest and momentum
- Competency challenges (5, 15, 21 Day Challenges)
- Content focus: Guest interviews, stories of interest



- Experimental practice, working out loud
- Competency challenges, guest interviews, stories of interest



Participant Experience Mix

Mentor-Coach-social-personal





- Mentor-Coaching sessions at regular intervals
- Realtime access for live support & chat via community / mobile



- Self-reflection, journaling and working out loud
- Leadership physiology techniques
- Reward & Share



- Actions inform insight shifting into action at every step
- Practice of MVS[™] Minimum Viable Shifts (it is not how much we need to do, it is how little to be most effective)



The Cadence of Digital Leadership Maturity

The transformation arc can be different in timing for each person. Each stage can be extended or accelerated depending on the data from stages 1, 2 & 3). This will be fully guided by the Mentor-Coach.

Weekly Cadence of: Warm ups, Habits & Power Ups

Transformation Arc

Awareness & Assessment



Observe and build personal awareness Assess current mindset & capability



Clarify purpose & professional ambition

Align & Activate



Align all data points create 1st digital maturity growth phase map



Start to activate initial growth phase - Foundational Habits; Personal Habits & Power Ups

Advance & Amplify



Once cadence of digital maturity established – we start to stretch from where we are



Start to shift practice beyond initial scope of focus

Attract



First followers – evidence role modelling and shift towards Mentor-Coach



Rolling accountability / motivation mapping beyond 8 – 12 months

At all times personal journeys are supported with social learning techniques: Please refer to Appendix 4 for detail of group & social learning available to the participant.

The Cadence of a Prototype Program over 8 – 12 months

Growth Phase 1

Initial awareness, assessment & alignment stages complete

First Growth Phase Map completed with Mentor-Coach

Activation begins with focus on core habits and quick wins. 4P foundations (Profile & Purpose, Prepared & Presence)

Growth Phase 2

Working with the Mentor-Coach, the leader will naturally sense the end of a growth phase when mindset & behaviour shifts are evident.

Second Growth Phase Map completed with Mentor-Coach

Second phase of activation begins with stretch habits & competency work agreed (experimental practice, Datamindfulness™ etc)

Growth Phase 3

Full evaluation of identity shift completed

Subject to agreement, a second Dilyn Way™ Profiling Assessment is completed

Growth Phase 3 Map completed

Activation now focuses more on role modelling and emerging competencies

Growth Phase 4

Final Growth Phase Mapping completed

The Dilyn Way™ Profiling tool re-assessment

First followers – evidenced role modelling and shift towards Mentor-Coach

Rolling accountability / motivation goals put in place beyond 8 – 12 months

Potential practitioner route pursued

Example Only - Design Template for 4D-Quantum LIVE LABS OUTLINE – Weekly, fortnightly, monthly

AWARE

Intro
Orientation
Focus Topic

ASSESS

Warm up
Review Game
Focus Topic
E-tech spotlight 1
Competency 1
Reflective Close

ALIGN

Warm up
Review Game
Focus Topic
E-tech spotlight 2
Competency 2
Reflective Close

ACTIVATE

Warm up
Review Game
Focus Topic
E-tech spotlight 3
Competency
3Reflective Close

ADVANCE

Warm up
Review Game
Focus Topic
E-tech spotlight 4
Competency 4
Reflective Close

AMPLIFY

Warm up
Review Game
Focus Topic
E-tech spotlight 5
Initiative Prep
Reflective Close

ATTRACT

Warm up
Review game
Focus Topic
E-tech spotlight 6
Initiative Kick off
Reflective Close
Alumni Details

PERSONAL TRANSFORMATION

Profiling /
Coach
Session 1

4P
Foundations
Growth Phase
Mapping

Coach Session 2 1St Power Up Challenge 1st Habit Canvas

Habit Tracker

Coach Session 3

SOCIAL ACCELERATION

Frame of Reference Game

Buddy Sessions Social Sharing

- MentorCoach led
(profile not label)

Journaling Challenge

Social Sharing

- Working out
loud

Garage Session

Trigger Challenge

4P Foundations Modern Leadership



Profile



I am focussed on my professional brand and have a clear, meaningful narrative that serves my current goals.

Purpose



I lead with a clarity of purpose that is aligned between my personal and professional life.

Prepared



My commitment to embracing change allows me to respond rather than react to change or opportunity.

Presence



I am conscious in the moment and always strive to meet others 'where they are at'.



Emerging Competencies of Modern Leadership



Datamindfulness

I am ethically driving in my decision making. Favour data evidence over process in my behaviour.



Power Skills

Humanity and community are core competencies I role model in my daily leadership practice.



Attention Management

I focus my leadership practice on managing my attention and energy, rather than being a slave to time.



Experimental Practice

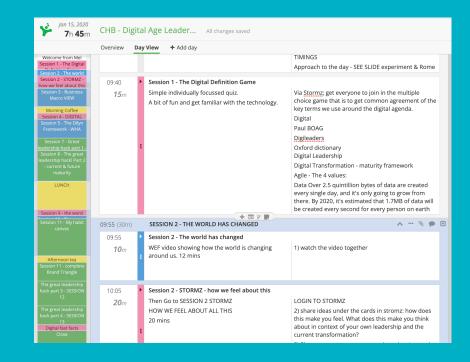
I am comfortable with experimental thoughts and actions to drive ideation and innovation in business as usual.





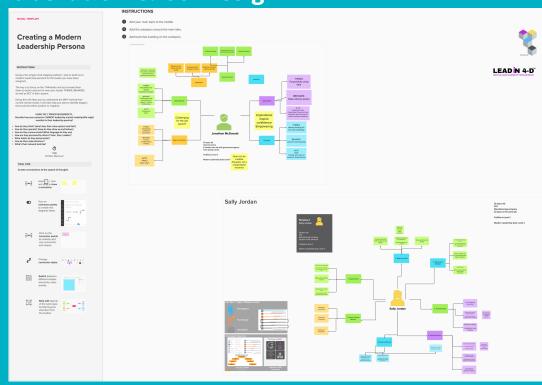
Collaboration & Co-Design

- Zoom Online & Live Sessions
- Teams Meetings & Catch ups
- SharePoint data sharing, informal chat, material & asset co-design
- Planner project management
- SessionLabs event management & timings
- MURAL Brainstorming & Reflection Sessions

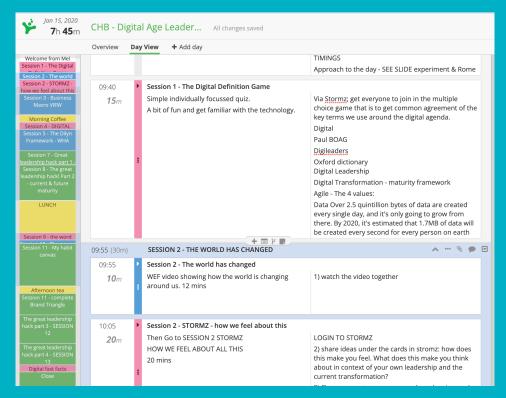


SessionLabs – online/realtime/collaborative event management

Collaboration & Co-Design



MURAL - Brainstorming, reflection, co-design

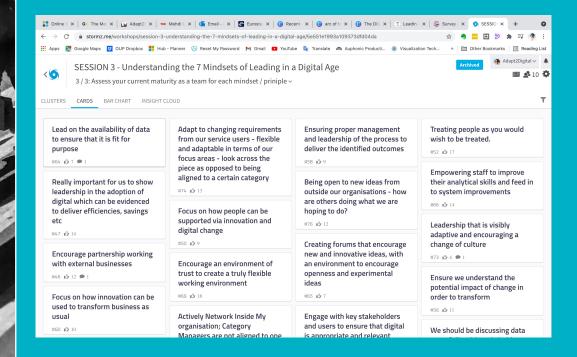


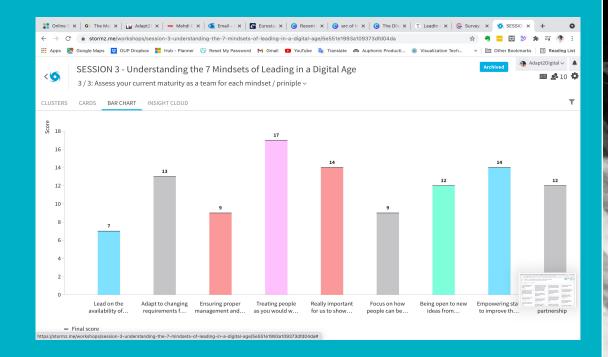
SessionLabs – online/realtime/collaborative event management

Delivery & Engagement

- LeadIn 4-D Community Core Delivery Platform
- Zoom / Team Online & Live Sessions
- Stormz Virtual/Hybrid Workshop Facilitation
- Planner Habit Planning & Tracking
- MURAL Brainstorming, Reflecting, Experimenting

Collaboration & Co-Design

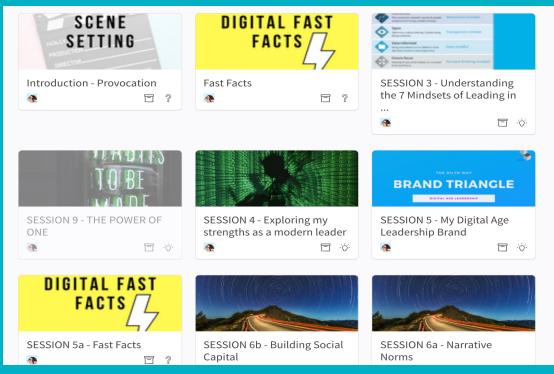




STORMZ – Virtual/hybrid workshop facilitation platform

Collaboration & Co-Design





STORMZ -

Virtual/hybrid workshop facilitation platform

"Before entering the Programme, I knew there was more to digital than just the tech. Through its seven principles this programme has allowed me to explore all aspects of digital, where I stand on my own path to greater understanding and ideas for how I can develop further. As a leader in ICT I already understood a lot of the new technologies, but I wasn't living digital myself. I have learnt that to be a leader in the modern world you need to fully immerse yourself in digital."

RACHEL WAS CEO AT THE TIME OF SUBUMITTING THIS TESTIMONIAL. SHE CURRENTLY SITS ON NUMEROUS BOARDS SUPPORTING DIGITAL LEADERSHIP AND DIGITAL TRANSFORMATION FOLLOWING HER JOURNEY





CHRIS RIILEY, ICT DIRECTOR AT TIME OF SUBMISSION – NOW AN EXECUTIVE MENTOR-COACH AND STRATEGIC DIGITAL TRANSFORMATION CONSULTANT TO GOVERNMENT FOLLOWING HIS JOURNEY "The Programme from Adapt2Digital is a fantastic training resource that provides practical and detailed insight into what it means to be a leader in a digitised world. The programme covers theory, practice and feedback – combining a unique profiling tool, practical exercises, regular check-ins with a coach-mentor, and links to further materials – and focuses on the mindset and behaviours essential for leaders to demonstrate. Taking part in the Programme has been invaluable for my own coaching and mentoring work, and I highly recommend this programme to anyone interested in supporting others to develop the leadership profile that will allow them to deliver real success."







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